



**2026 SPRING FASTING GUIDE**  
**Wednesday, February 18 – Sunday, March 29, 2026**  
**40 DAYS OF PRAYER & FASTING**

**This is the *YEAR OF DISCOVERY***

**FAST INSTRUCTIONS**

This 40-day Fast is a sacred journey of discovery. Let us press in and discover God more deeply, discover His will for our lives and church, discover hidden strength, fresh vision, renewed faith, and divine direction. God desires to reveal, release, and realign us during this season. Therefore, let us humble ourselves through prayer, fasting, repentance and worship.

*“Call to Me and I will answer you and show you great and mighty things which you do not know.” — Jeremiah 33:3*

***During our Corporate Fast, we encourage everyone to stop and pray together at Noon, Monday through Saturday, creating a daily moment of unity, reflection, and spiritual alignment as one church family.***

**WHAT IS FASTING?**

In the New Testament in Matthew 4, Jesus’ earthly ministry is preceded by 40 days of prayer and fasting. In addition, when Jesus taught on fasting in His Sermon on the Mount found in Matthew 6:16, He didn’t say *if* you fast, but *when* you fast. In Matthew 9:15, He doesn’t say His followers *might* fast; but *they will*. It’s something that He expects of us if we are in relationship with Him. It is the path by which we go deeper in our intimacy with Him.

Biblical fasting should not be considered a method for dieting. In addition to a deeper, more intimate relationship with God, other benefits for biblical fasting and prayer are:

- Fasting and prayer can help us hear from God.
- Fasting and prayer can reveal our hidden sins.
- Fasting and prayer can teach us to pray with right motives.
- Fasting and prayer can build our faith.

During a fast, many people choose to abstain from food. However, food is not the only means of fasting. Christians can choose to abstain from anything that hinders or distracts them from getting into a deeper relationship with God. Remember, the objective of fasting is not only to eliminate things from your daily routine, but also to replace them with prayer so that transformation can take place in your life!

## WHAT IS THE DANIEL FAST?

The Daniel Fast is a spiritual fast based on two biblical accounts of the Prophet Daniel (Daniel 1:15-16, Daniel 10:2-3). In the first biblical account, Daniel, Shadrach, Meshach, and Abednego, underwent a ten-day “fast” to not defile themselves with the King’s choice meats that went against their religious restrictions. Instead, they ate vegetables and drank water. At the end of the ten days, they looked healthier and more fit than the other men who ate from the King’s choice foods. In the second biblical account, the Prophet Daniel underwent 21 days of fasting to receive an interpretation for a vision he received. Daniel refrained from eating meat and drinking wine. As a result, at the conclusion of his 21 days of fasting, he received a message from an angel that explained his vision. In both biblical accounts, Daniel undergoes a fast to hear and remain true to his God. The purpose of the Daniel Fast is not to mimic Daniel, but rather to seek God and grow spiritually. It is a time to draw near to God and as you draw near to Him, He will draw near to you.

### *FOODS TO EAT ON THE DANIEL FAST*

- **All fruit** – fresh, frozen, dried, juiced, or canned.
- **All vegetables** – fresh, frozen, dried, juiced, or canned.
- **All whole grains** – amaranth, barley, brown rice, oats, quinoa, millet, and whole wheat.
- **All nuts & seeds** – almonds, cashews, macadamia nuts, peanuts, pecans, pine nuts, walnuts, pumpkin seeds, sesame seeds, and sunflower seeds; unsweetened almond milk. Nut butters are also included.
- **All legumes** – canned or dried; black beans, black-eyed peas, cannellini beans, garbanzo beans (chickpeas), great northern beans, kidney beans, lentils, pinto beans, and split peas.
- **All quality oils** – avocado, coconut, grapeseed, olive, peanut, sesame, and walnut.
- **Beverages** – distilled water, filtered water, spring water, fresh fruit or vegetable juices.
- **Other** – unsweetened almond milk, coconut milk, rice milk, or soy milk; herbs, spices, salt, pepper, unsweetened coconut flakes, seasonings, Bragg’s Liquid Amino, soy products, and tofu

### *FOODS TO AVOID ON THE DANIEL FAST*

- **All meat & animal products** – bacon, beef, lamb, poultry, and pork.
- **All dairy products** – butter, cheese, cream, milk,
- **All sweeteners** – artificial sweeteners, brown rice syrup, cane juice, molasses, raw sugar, syrups, and sugar.
- **All leavened bread & yeast** – baked goods and Ezekiel bread (if it contains yeast and honey).
- **All refined & processed food** products – artificial flavorings, chemicals, food additives, preservatives, white flour, and white rice.
- **All solid fats** – lard, margarine, and shortening.
- **Beverages** – alcohol, carbonated drinks, coffee,

by Kristen Feola, “Ultimate Guide to the Daniel Fast

## HOW TO HAVE A MEANINGFUL TIME WITH GOD

Definition – The **Quiet Time** is simply a daily time of personal fellowship with God through the Word and prayer. It is a time we deliberately set aside to meet with Him. The objective is that we might grow in our personal relationship with God, so that we can know Him and become more like Him.

*Why is daily fellowship with God so important?*

1. We were created to have fellowship with Him. (Gen. 2-3)
2. Jesus Christ dies on the cross so that fellowship could be restored. (Cor. 1:9; I John 1:3-4)
3. The regular quiet time during Jesus' ministry was a source of His strength. (Mark 1:35; Luke 5:16; 22:39-44)
4. Every great man or woman of God throughout history has spent much time alone with God. (Moses, David, Daniel and Paul etc.)
5. We cannot be healthy, growing Christians without daily fellowship with the Lord. (Job 23:12; Matt.4:4; I Peter 2:2; Heb. 5:14; Ps. 119:9)

*What happens when we have daily quiet time with God?*

1. We give devotion to God.
2. We get direction from God.
3. We gain delight in God.
4. We grow more like God.

*What are the results of having a daily quiet time?*

Joy: Ps. 16:11, 119:47; Jer. 15:16  
Strength: Isa. 40:29-31  
Peace: Isa. 26:3, 48:18; Rom. 8:6  
Stability: Ps. 16:8-9, 46:1-3, 55:22, 57:7  
Success: Josh 1:8  
Answered Prayer: John 15:7  
Others will notice the difference in our lives (Acts 4:13)

*When you come to meet with God, you should have the following:*

1. Expectancy
2. Reverence
3. Alertness
4. Willingness to obey

*When and how long should your time with God be?*

1. The general rule: The best time is when you are at your best.
2. Early morning seems to be the best time. It was Jesus' own practice to rise early to pray and meet with the Father (Mark 1:35). However, you choose what is the best time **for you**.
3. Don't watch the clock.

4. Emphasize quality, not quantity.

*Where should I have my daily time with God?*

1. A secluded place (if possible)
  - Where you can pray aloud without disturbing others
  - Where you have good lighting and reading
  - Where you are comfortable

Below is an example of a six-point workable plan for a quiet time of any duration. You will need the following items for your planned quiet time:

- A Bible
- A Journal/ Notebook

1. *Wait on the Lord (relax)*
2. *Pray briefly for God to give you revelation on His Word.*
3. *Read a section of the Scripture (read).*
4. *Meditate and memorize (reflect and remember).*
5. *Write down what God has shown you (record).*
6. *Have your time of prayer (request)*

#### **A SAMPLE WAY TO PRAY:**

- A---- Adore and Praise God
- C---- Confess your sins
- T---- Thanksgiving (Thank God)
- S---- Supplication (Petitions and Intercessions)

## **NBFC 40-Day Prayer & Fasting Journey**

### ***2026 – The Year of Discovery***

#### **Day 1 – Wednesday, February 18**

Lord of Heaven and Earth, we thank You for inviting us into this sacred season of discovery. We ask for the strength and power of the Holy Spirit to sustain us as we seek You intentionally through prayer and fasting. We declare that this is a year of divine revelation. A year where You reveal Your will, Your ways, and Your purposes for our lives and for New Beginnings Fellowship Church.

Lord, help us discover what it truly means to walk in unity: one in spirit, one in love, and one in purpose just as Jesus prayed. Remove every barrier of division, misunderstanding, and distraction. Heal what has been fractured and align our hearts with Yours. As we abide in You, allow our unity to become a witness to the world of Your glory and truth.

Open our spiritual eyes and ears to recognize what You are revealing in this season. Prepare us to walk boldly in what You will uncover.

#### **God’s Prayer Promise:**

*“We have this confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases Him.” (1 John 3:21–22)*

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#### **Day 2 – Thursday, February 19**

Father God, we come before You desiring spiritual cleansing and renewal. Remove anything that hinders our ability to hear You clearly and walk in obedience. As we fast, help us discover areas of our hearts that need surrender, healing, and transformation.

Make us instruments of Your peace. Strip away habits, mindsets, and behaviors that entangle us, so we can move freely into the future You are revealing. Create in us a fresh sensitivity to Your voice and direction.

#### **God’s Prayer Promise:**

*“Create in me a clean heart, O God, and put a new and right spirit within me.” (Psalm 51:10–12)*

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### **Day 3 – Friday, February 20**

Father, we lift up Pastor James Anthony Jackson, Sr. We thank You for the vision You have placed in him and for the season of discovery You are leading our church into. Continue to reveal fresh insight, clarity, courage, and divine strategy as he leads Your people.

Strengthen him to walk boldly in what You are unveiling. Help us as a church to remain focused, unified, and obedient as Your plans continue to unfold. Let Your will be revealed in us as pastor and people.

#### **God’s Prayer Promise:**

*“Call to me and I will answer you and tell you great and unsearchable things you do not know.”*  
(Jeremiah 33:3)

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### **Day 4 – Saturday, February 21**

Gracious Father, we thank You for our First Lady, Lady Tara. In this Year of Discovery, remind her that she is deeply loved, valued, and appreciated by You and by her New B family. Thank You for her faithful sacrifices, quiet strength, and unwavering commitment to Your Kingdom.

Lord, cover her with Your peace and divine protection. Refresh her spirit, renew her joy, and strengthen her body, mind, and soul. Let her discover fresh grace for every season, fresh oil for every assignment, and renewed vision for the journey ahead. Surround her with encouragement, wisdom, and authentic support. May her life continue to reflect reverence for You and may the fruit of her labor bring You glory.

We honor her today and speak blessing, favor, and longevity over her life and calling.

#### **God’s Prayer Promise:**

*“Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised... Let her deeds publicly declare her praise.”* (Proverbs 31:30–31)

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### **Day 5 – Sunday, February 22**

Father, today we rest in You. Restore our minds, refresh our bodies, and renew our spirits as we pause in Your presence. In this season of discovery, teach us how to slow down, listen, and trust Your timing.

Renew our passion for unity in the Body of Christ. May New Beginnings Fellowship Church continue to honor You in worship, obedience, and love. Let rest become a doorway to clarity and renewed strength for the journey ahead.

#### **God’s Prayer Promise:**

*“If we ask anything according to His will, He hears us.”* (1 John 5:14–15)

## **Day 6 – Monday, February 23**

Spirit of the living God, we lift up our Friends, Relatives, Acquaintances, Neighbors, Co-Workers. Open hearts, remove spiritual blindness, and create divine encounters that reveal Your love and truth. Let salvation be discovered in every household, workplace, and relationship represented.

Use us as vessels of compassion, wisdom, and bold witness. Let this be a year of spiritual harvest and Kingdom Expansion.

### **God's Prayer Promise:**

*"The Lord is patient... not wanting anyone to perish, but everyone to come to repentance."* (2 Peter 3:9)

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## **Day 7 – Tuesday, February 24**

Father God, today we lift up our national and local political leaders before You. In this Year of Discovery, we pray that they would discover Your heart for justice, mercy, humility, and righteous leadership. Shape their decisions, motives, and priorities according to Your will.

Lord, teach them to do justice, love kindness, and walk humbly with You. Remove pride, corruption, selfish ambition, and fear of man. Replace it with wisdom, integrity, courage, and compassion. May their leadership reflect fairness, truth, and accountability.

Father, give them a genuine concern for all people, especially the poor, the vulnerable, the marginalized, and "the least of these." Open their eyes to see the real needs of the communities they serve. Let policies and decisions bring healing, opportunity, safety, and dignity to every life.

We pray for unity where there is division, peace where there is unrest, and wisdom where there is complexity. Let Your righteousness guide our nation and our communities. Use leaders as instruments of peace and justice for Your glory.

### **God's Prayer Promise:**

*"He has shown you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God."* (Micah 6:8)

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## **Day 8 – Wednesday, February 25**

Heavenly Father, we come before You with humble hearts, grateful for the mercy and grace You have shown us through Jesus Christ. Thank You for forgiving us completely. Thank You for canceling our debt, healing our brokenness, and restoring us into right relationship with You. As we have freely received forgiveness, help us freely extend it to others.

Lord, search our hearts and reveal any bitterness, resentment, offense, pride, or unresolved hurt that may be lingering within us. Give us the courage to release what has wounded us and the humility to forgive even when it feels difficult. Heal the places where trust has been broken and restore our hearts with Your peace and compassion.

Teach us to walk in forgiveness just as Christ has forgiven us; fully, freely, and without keeping record of wrongs. Help us to speak life instead of division, grace instead of judgment, and love instead of retaliation. Guard our words, attitudes, and actions so they reflect Your character and Your heart.

Father, empower us to pursue peace with one another intentionally and faithfully. Where there is tension, bring reconciliation. Where there is misunderstanding, bring clarity. Where there is division, bring unity. Let Your peace rule in our hearts and govern our relationships, our homes, our church, and our community.

As we continue in this season of discovery, help us discover the freedom, healing, and joy that flow from walking in forgiveness and living in peace. Let our relationships become a testimony of Your transforming grace and reconciling love.

**God's Prayer Promise:**

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” (*Ephesians 4:32*)

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**Day 9 – Thursday, February 26**

Holy God, we lift up our staff, ministers, and ministry facilitators. Thank You for the calling You have placed on their lives and for the sacrifices they make to serve Your people with excellence and faithfulness.

In this Year of Discovery, reveal fresh strength, renewed joy, and clear direction for every assignment. Help them discover new grace for the journey. Give them greater endurance, deeper wisdom, sharper discernment, and Spirit-led creativity. Protect their hearts, families, health, and peace. Let their service remain joyful, purpose-filled, and rooted in Your presence.

Bless the work of their hands and let the fruit of their labor be evident in lives changed, leaders developed, and souls drawn closer to You. Refresh them as they continue to pour out.

**God's Prayer Promise:**

“Sacrifice offerings to God, fulfill your vows to the Most High. Call upon me in the day of trouble; I will deliver you, and you will honor me.” (*Psalms 50:14–15*)

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## **Day 10 – Friday, February 27**

Father, we magnify You and honor You as our Source, our Provider, and our Sustainer. Everything we have comes from Your hand, and we worship You with grateful hearts. As we lift You in praise, we acknowledge that You are faithful to supply all our needs according to Your riches in glory.

Lord, we pray that You would bless our finances individually and corporately, not for selfish gain, but so that we may be a blessing to others. Teach us to steward every resource with wisdom, integrity, and generosity. Give us discipline in spending, clarity in planning, and faith in giving. Remove the spirits of fear, lack, and anxiety around provision. Please replace our hearts with trust, gratitude, and obedience.

As we continue in this Year of Discovery, help us discover new opportunities for increase, creative ideas for growth, and healthy habits that bring stability and freedom. Position our hands to receive so we can release. Lord bless us so that we can meet needs, support ministry, serve our community, and advance Your Kingdom. Let our generosity reflect Your heart and bring glory to Your name.

### **God’s Prayer Promise:**

*“Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”*  
(Luke 6:38)

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## **Day 11 – Saturday, February 28**

Father, today we fast with hearts full of gratitude. Thank You for every spiritual gift You have entrusted to us, for adopting us into Your family, forgiving our sins, revealing Your will, and securing our eternal inheritance. As we give thanks, help us discover the depth of Your goodness and the abundance of Your grace.

Open our eyes to recognize both the visible and hidden blessings You have placed in our lives. Let gratitude shift our perspective, strengthen our faith, and anchor our joy as we continue this journey of discovery.

### **God’s Prayer Promise:**

*“Everything is possible for the one who believes.”* (Mark 9:23)

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## **Day 12 – Sunday, March 1**

As we celebrate our 22nd church anniversary today, Father, we pause to honor Your faithfulness over these 22 years of ministry. Thank You for every life that has been changed, every soul that has been saved, every family restored, and every breakthrough experienced. You have been our

foundation, our provider, our protector, and our guide through every season. We give You all the glory for what You have done in and through this house.

As we reflect with gratitude, help us also discover what You are preparing us for next. Open our spiritual eyes to new opportunities, fresh impact, and expanded influence. Stretch our faith for greater obedience, deeper discipleship, and broader community transformation. Let gratitude fuel our expectation and let expectation strengthen our faith for what You are about to reveal and release.

We trust You for the future as confidently as we celebrate the past. Continue to establish the work of our hands, lead us with clarity, and empower us to walk boldly into the next chapter You have ordained.

**God's Prayer Promise:**

*"Let them give thanks to the LORD for His unfailing love and His wonderful deeds for mankind." (Psalm 107:21)*

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**Day 13 – Monday, March 2**

Father, we pray that New Beginnings Fellowship Church continues to grow as a House of Prayer. Teach us to pray with boldness, faith, sensitivity, and spiritual discernment. Help us discover the power of praying in the Spirit and remain alert in intercession.

Align our hearts with Your will and sharpen our spiritual hearing. Let prayer become our first response, our greatest weapon, and our deepest connection with You.

**God's Prayer Promise:**

*"If you believe, you will receive whatever you ask for in prayer." (Matthew 21:21–22)*

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**Day 14 – Tuesday, March 3**

Father, we lift up praises to You today. Fix our hearts and minds on Jesus; pure, loving, holy, and victorious. As we praise You, lift every burden, restore our joy, and strengthen our faith.

Let praise unlock revelation, breakthrough, and renewed confidence in Your promises. Teach us how to worship not only in victory but in every season.

**God's Prayer Promise:**

*"Where two or three gather in My name, there am I with them." (Matthew 18:20)*

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### **Day 15 – Wednesday, March 4**

Father, we seek Your guidance for our personal needs. Strengthen our faith to trust You fully as our Provider. Teach us to seek first Your Kingdom and righteousness so everything else aligns properly.

Help us discover contentment, discipline, and spiritual clarity in how we steward our resources, relationships, and responsibilities.

#### **God’s Prayer Promise:**

*“Every good and perfect gift is from above.”* (James 1:17)

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### **Day 16 – Thursday, March 5**

Father, we lift up every ministry at New Beginnings Fellowship Church. Strengthen each department to fulfill its assignment with excellence, unity, and spiritual effectiveness.

Reveal new strategies, fresh compassion, and expanded influence as we reach the harvest You have entrusted to us. Send laborers whose hearts align with Your mission and vision.

#### **God’s Prayer Promise:**

*“Open wide your mouth and I will fill it.”* (Psalm 81:10)

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### **Day 17 – Friday, March 6**

Father, we thank You for our children’s, youth, and teen ministries, Lil Beginnings, New B Kids, and New B Nation. Thank You for every child, every student, every leader, and every volunteer who serves faithfully to nurture the next generation in Your truth and love.

We ask that You place a hedge of protection around every child, every classroom, every gathering space, and every activity. Guard their hearts, minds, bodies, and identities. Let our environments remain safe, nurturing, joyful, and spiritually rich. Fill every room with Your peace, Your presence, and Your Holy Spirit. Protect our leaders and volunteers with wisdom, strength, unity, and discernment as they shepherd young lives.

In this season of discovery, reveal creative, effective, and Spirit-led ways to disciple, mentor, and equip the next generation. Help us teach Your Word with clarity, compassion, and relevance. Awaken spiritual hunger in our children and students so they grow to love You boldly, serve You joyfully, and live with conviction in a changing world. Let them discover who they are in Christ, walk confidently in their God-given identity, and develop courage to stand for righteousness.

Raise them up as worshipers, leaders, servants, and witnesses for Your Kingdom. May their lives be rooted in truth, filled with faith, and guided by purpose. Let their impact reach their families, schools, communities, and future generations for Your glory.

**God's Prayer Promise:**

*"We receive from Him anything we ask because we obey His commands."* (1 John 3:21–22)

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**Day 18 – Saturday, March 7**

Father, we pray for marriages and families. Heal broken relationships, strengthen unity, and restore trust and communication.

Reveal Your design for covenant love and mutual respect. Let families become places of peace, prayer, and spiritual growth.

**God's Prayer Promise:**

*"We receive from Him anything we ask because we obey His commands."* (1 John 3:22)

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**Day 19 – Sunday, March 8**

Sovereign Lord, we thank You for the gift of Your Holy Spirit living within us. As we walk with You and surrender daily to Your leading, we desire our lives to reflect Your character and Your heart. In this season of growth and discovery, shape us from the inside out so that the fruit of the Spirit is clearly seen in how we live, love, and serve.

Lord, cultivate in us **love** that is genuine, patient, forgiving, and sacrificial. Grow in us **joy** that is rooted in Your presence and not dependent on circumstances. Establish in us **peace** that guards our hearts and minds, even in uncertainty and pressure.

Develop in us **patience**, teaching us to respond with grace instead of frustration and to trust Your timing fully. Strengthen us with **kindness** and **goodness**, so our words, actions, and attitudes bring life, healing, and encouragement to others. Let our lives demonstrate integrity, compassion, and generosity.

Increase in us **faithfulness**, so we remain consistent, dependable, and obedient in every assignment You entrust to us. Grow in us **gentleness**, that our strength is expressed through humility, wisdom, and love. Form in us **self-control**, empowering us to make wise choices, resist temptation, and live disciplined, Spirit-led lives.

Holy Spirit, uproot anything in us that hinders spiritual growth, such as pride, fear, selfishness, impatience, and unhealthy patterns. Replace them with Your transforming power and grace. Let our character align with our calling so that our witness remains credible and our impact remains lasting.

May the fruit of our lives point others to Jesus. Let our homes, our church, our workplaces, and our communities experience the overflow of Your Spirit through us. We desire not just to bear fruit, but to bear fruit that remains and glorifies You.

**God's Prayer Promise:**

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23)

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**Day 20 – Monday, March 9**

Father, we intercede today for our children and youth, the next generation You have entrusted to our care. We place them under the covering of Your presence, Your Word, and the power of the Holy Spirit. Protect their hearts from confusion, discouragement, deception, violence, and unhealthy influences. Guard their minds from fear, anxiety, temptation, and destructive thinking. Protect their identities so they never forget who they are in You; chosen, loved, called, and created with divine purpose.

In this Year of Discovery, we pray that our children and youth would discover Your truth clearly and powerfully. Open their spiritual eyes to understand Your Word. Let their ears be sensitive to Your voice. Reveal Your love, Your wisdom, and Your calling over their lives. Help them recognize their gifts, their value, and the unique assignments You have placed within them. Let them encounter You personally, not just through others' faith, but through their own relationship with You.

Father, empower them to live boldly for Christ in a challenging world. Give them courage to stand for righteousness, wisdom to make healthy choices, and discernment to navigate peer pressure, media influence, and cultural confusion. Strengthen them to walk in purity, integrity, kindness, and compassion. Let them be lights in their schools, neighborhoods, teams, and online spaces.

Surround them with godly mentors, supportive families, and strong spiritual community. Heal any wounds, restore any broken confidence, and silence every lie of the enemy that would try to limit their future. Let their lives be rooted in truth, anchored in faith, and filled with hope. Raise them up as leaders, difference-makers, and faithful witnesses for Your Kingdom.

We declare that this generation will not shrink back, but will rise in faith, purpose, and obedience. We declare that they will discover who You created them to be and boldly walking in Your calling. In Jesus' name, Amen.

**God's Prayer Promise:**

*"Train up a child in the way he should go."* (Proverbs 22:6)

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## **Day 21 – Tuesday, March 10**

Father, bless our Media Ministry as they share Your Word across platforms and communities. Reveal innovative ways to communicate truth effectively and creatively.

Let every broadcast, post, and production bring clarity, hope, and salvation.

### **God's Prayer Promise:**

*“Whatever you ask for in prayer, believe that you have received it.”* (Mark 11:22–24)

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## **Day 22 – Wednesday, March 11**

Heavenly Father, today we shift from personal heart healing to corporate restoration — asking You to strengthen unity across relationships, ministries, teams, and the entire church body. In this season of discovery, reveal anything that hinders love, trust, collaboration, and spiritual alignment.

Lord, uproot offense, pride, unforgiveness, misunderstanding, competition, and unresolved conflict. Give us the courage to release what we have been holding and the humility to seek reconciliation where healing is needed. Teach us to forgive as Christ has forgiven us — freely, fully, and without keeping record of wrongs.

Make us peacemakers. Help us pursue peace intentionally in our homes, Small Groups, ministry teams, leadership spaces, and friendships. Let unity become our witness, humility become our posture, and love become our culture.

Heal broken connections, restore trust, and strengthen relational bridges across generations, cultures, and callings. Let the Spirit of God bind us together in authentic love and mutual respect.

As we continue in this Year of Discovery, help us discover the freedom, spiritual authority, and joy that flow from walking in reconciliation and unity. Let New Beginnings Fellowship Church be marked as a house of grace, peace, and relational health.

### **God's Prayer Promise:**

*“Let the peace of Christ rule in your hearts, since as members of one body you were called to peace.”* (Colossians 3:15)

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### **Day 23 – Thursday, March 12**

Father, we intercede for missionaries and oppressed people around the world. Reveal Your power, provision, and protection.

Let the Gospel advance boldly and compassionately to every nation.

#### **God’s Prayer Promise:**

*“If My people humble themselves and pray... I will heal their land.” (2 Chronicles 7:14)*

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### **Day 24 – Friday, March 13**

Almighty God, we lift up our ministry facilitators before You. Thank You for their faithful service, their willing hearts, and their commitment to shepherd Your people. Strengthen them spiritually, emotionally, and physically as they pour themselves out in obedience to Your call.

Refresh their vision so they do not grow weary or discouraged. Renew their passion, sharpen their focus, and remind them of the purpose behind every assignment. Protect their families, guard their homes, and cover their relationships with peace, unity, and love. Sustain their health, restore their energy, and grant them rest when they need it most.

Reveal wisdom for leadership, clarity for decision-making, and discernment for every situation they face. Give them endurance for long-term impact, humility to lead with grace, and courage to remain faithful in every season. Let their labor bear lasting fruit, and may their lives continue to reflect Your glory and faithfulness.

#### **God’s Prayer Promise:**

*“The prayer of a righteous person is powerful and effective.” (James 5:16)*

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### **Day 25 – Saturday, March 14**

Father, we intercede today for the sick and shut-in. We pray for those battling illness, recovering from procedures, managing chronic conditions, or confined to their homes and care facilities. You see every pain, every diagnosis, every unanswered question, and every silent tear. In this Year of Discovery, we ask that You reveal Yourself as Healer, Comforter, Sustainer, and Peace.

Release Your healing power over bodies, minds, and emotions. Restore strength where there is weakness, bring relief where there is pain, and renew hope where there has been discouragement or weariness. Let Your peace guard their hearts and minds and settle every anxious thought. Surround them with Your presence so they never feel forgotten, isolated, or alone.

Father, send encouragement through caregivers, family members, medical professionals, and the church community. Grant wisdom to doctors and nurses, patience to caregivers, and grace to

families walking alongside their loved ones. Let every room become a sanctuary of Your presence and every recovery process be marked by Your favor.

Stir compassion within us as Your people. Open our eyes to recognize practical ways to serve, visit, pray, encourage, and support those in need. Let our hands become Your hands and our voices carry Your hope. Teach us to move beyond sympathy into active love. Help us show kindness, generosity, and faith-filled service.

May healing flow, peace rest, and comfort abound. And may every testimony of restoration bring glory to Your name and strengthen the faith of the body of Christ.

**God's Prayer Promise:**

*"My grace is sufficient for you."* (2 Corinthians 12:9)

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**Day 26 – Sunday, March 15**

Father, today we intercede for the unsaved and the unchurched in our communities. Open hearts to receive Your truth and awaken spiritual hunger for salvation. In this Year of Discovery, allow many to discover Your love, forgiveness, and transforming grace for the very first time.

Use us as carriers of hope, truth, and compassion. Give us divine opportunities to share the Gospel with clarity, courage, and love. Let every conversation, invitation, and act of kindness point people toward Jesus. Remove fear, pride, and misunderstanding that hinder people from responding to Your call.

Lord, draw hearts by Your Spirit. Let lives be changed, families restored, and communities renewed as people encounter the saving power of Christ.

**God's Prayer Promise:**

*"He will call upon Me, and I will answer him."* (Psalm 91:15)

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**Day 27 – Monday, March 16**

Oh God, we lift bereaved families today. You see the grief, the emptiness, the unanswered questions, and the longing for comfort. Wrap them in Your peace and presence. In this Year of Discovery, reveal Yourself as the God who heals broken hearts and carries heavy burdens.

Release supernatural comfort through the Holy Spirit. Strengthen those who feel weak. Surround them with loving support and gentle reminders of Your faithfulness. Let hope rise even in sorrow and let healing flow in Your perfect timing.

**God's Prayer Promise:**

*"Let us approach the throne of grace with confidence."* (Hebrews 4:15–16)

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**Day 28 – Tuesday, March 17**

Father, we lift up unmarried members and single parents. Strengthen them with endurance, wisdom, joy, and peace. Help them discover Your sufficiency, guidance, and daily grace in every season.

Guard their hearts from loneliness, discouragement, and comparison. Provide meaningful community, healthy relationships, and divine encouragement. Let them experience Your presence as their constant source of strength and identity.

**God's Prayer Promise:**

*"How much more will your Father in Heaven give good gifts to those who ask Him."* (Matthew 7:11)

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**Day 29 – Wednesday, March 18**

Father, we intercede for the homeless and orphans. Reveal pathways of provision, safety, restoration, and dignity. Let hearts be softened and lives stabilized through Your mercy and compassion.

Stir our hearts to respond with generosity, advocacy, and active service. Help us discover creative solutions to meet practical and spiritual needs in our communities.

**God's Prayer Promise:**

*"If any of you lacks wisdom, let him ask God."* (James 1:5)

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**Day 30 – Thursday, March 19**

Jehovah Rapha, we thank You for the healing power released through Jesus Christ. Heal bodies, minds, emotions, and relationships. Let testimonies of restoration strengthen faith and ignite hope.

In this Year of Discovery, help us discover deeper trust in Your healing nature and compassion.

**God's Prayer Promise:**

*"The Spirit helps us in our weakness."* (Romans 8:26–27)

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**Day 31 – Friday, March 20**

God of mercy, God of Grace, we intercede for those battling addiction and destructive cycles. Break chains of bondage and release healing and restoration.

Restore families, rebuild hope, and renew purpose. Let Your Word bring freedom and lasting transformation.

**God’s Prayer Promise:**

*“God wants all people to be saved and come to the knowledge of the truth.”*

(1 Timothy 2:1–4)

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**Day 32 – Saturday, March 21**

Heavenly Father, we thank You for our senior citizens at New Beginnings Fellowship Church. We honor the lives they have lived, the faith they have carried, the prayers they have prayed, and the sacrifices they have made. They are a living testimony of Your faithfulness, Your sustaining grace, and Your enduring love across generations.

Lord, we ask that You continue to cover them with Your peace, strength, and presence. Renew their physical health, mental clarity, emotional well-being, and spiritual vitality. Strengthen their bodies, steady their steps, sharpen their minds, and refresh their spirits. Where there is weariness, bring rest. Where there is pain, bring healing. Where there is loneliness, bring companionship and connection.

Father, remind them that their purpose is not finished. Let them continue to walk in joy, dignity, and hope. Use their wisdom, life experience, and spiritual maturity to mentor, encourage, and pray for the next generation. Let their voices remain strong in testimony, their hands remain lifted in intercession, and their hearts remain filled with faith and expectation.

Provide for every need: financial stability, safe housing, transportation, medical care, healthy relationships, and meaningful community. Surround them with loving family, supportive church family, and compassionate caregivers. Protect them from harm, isolation, fear, and discouragement.

In this season of discovery, allow our seniors to discover fresh joy, renewed purpose, deeper peace, and continued fruitfulness. Let their latter years be marked by gratitude, contentment, spiritual impact, and abundant life. May they continue to flourish like trees planted by streams of living water, bearing fruit in every season.

Let them know that they are loved and valued. God thank You for the gift they are to this church and to the Kingdom of God.

**God’s Prayer Promise:**

*“You will seek Me and find Me when you seek Me with all your heart.”* (Jeremiah 29:13)

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## Day 33 – Sunday, March 22

Faithful God, we lift up our young adults who are navigating critical seasons of growth, transition, responsibility, and discovery. We thank You for the gifts, creativity, passion, and potential You have placed within them. You have purposefully positioned them in this generation to influence families, workplaces, communities, and the Kingdom of God.

Lord, draw their hearts closer to You. Stir a genuine hunger for Your presence, Your Word, and Your truth. Help them build strong spiritual foundations that will sustain them through every season of life. Let them encounter You personally and deeply, not just through tradition or routine, but through authentic relationship and daily surrender.

Father, help them become fully engaged in the life of the church. Remove barriers of isolation, fear, busyness, and disconnection. Create meaningful pathways for them to connect in community, serve with their gifts, grow in leadership, and develop lasting spiritual relationships. Let them find belonging, purpose, and spiritual family within this house.

Guide them in wise decision-making regarding careers, relationships, finances, health, and future direction. Give them clarity of calling, courage to obey You, and discipline to pursue excellence. Protect them from distraction, compromise, and discouragement. Surround them with godly mentors, supportive peers, and healthy accountability.

In this season of discovery, help them recognize who they are in Christ and confidently step into the future You have prepared for them. Let their lives reflect faith, integrity, compassion, and bold witness. Raise them up as leaders, servants, innovators, and ambassadors for Your Kingdom.

We declare that this generation will not drift, disengage, or diminish — but will thrive spiritually, grow relationally, and contribute meaningfully to the mission of the church and the advancement of God’s Kingdom.

### **God’s Prayer Promise:**

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.” (*Proverbs 3:5–6*)

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## Day 34 – Monday, March 23

Holy God, we thank You for the vision You have placed in the heart of our Senior Pastor, Pastor James Anthony Jackson, Sr., to strengthen and expand Small Groups across New Beginnings Fellowship Church. We recognize that this is not simply a program, but a divine strategy to deepen discipleship, strengthen relationships, and build a spiritually healthy church.

Lord, we dedicate this Small Groups initiative to You. As we continue in this Year of Discovery, we pray that our people will discover the power of meaningful connection, spiritual growth, and

faithful service. Let every group become a Christ-centered space where people CONNECT in authentic relationships, GROW through the Word of God, and SERVE one another with love, compassion, and excellence.

Father, we pray for strong participation, faithful commitment, and joyful engagement from our congregation. Remove fear, hesitation, and past disappointments that may hinder involvement. Create spiritual hunger, curiosity, and openness to step into community. Help people find the right groups, build healthy relationships, and experience true belonging.

We lift up our Small Group leaders, coaches, facilitators, and hosts. Cover them with wisdom, patience, spiritual discernment, and servant hearts. Equip them to lead with integrity, compassion, and clarity. Give them unity of vision, effective communication, and the ability to shepherd people well. Protect them from burnout, discouragement, and division, and refresh them with joy and strength.

Lord, we pray that Small Groups will become spaces of healing, discipleship, accountability, prayer, learning, and transformation. Let testimonies of changed lives, restored families, growing faith, and activated gifts emerge from every group. May relationships deepen, spiritual maturity increase, and new leaders be developed.

We ask for excellence in organization, communication, technology, training, and follow-up so that the systems support the vision and make participation easy and accessible. Bless the coordination teams, administrative support, and volunteers who will steward this work.

Most of all, let Your presence remain at the center of every gathering. Let Your Word come alive, Your Spirit move freely, and Your love flow genuinely among Your people. May Small Groups strengthen the unity of the church, advance the mission of the Kingdom, and glorify the name of Jesus.

We declare that New B Small Groups will flourish, multiply, and bear lasting fruit for generations to come.

**God's Prayer Promise:**

*"You will seek Me and find Me."* (Jeremiah 29:12–13)

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**Day 35 – Tuesday, March 24**

Merciful God, renew our commitment to follow You wholeheartedly. Teach us to live surrendered, obedient, and mission-focused lives.

Help us disciple others with love, integrity, and spiritual wisdom.

**God's Prayer Promise:**

*"Your Father who sees in secret will reward you."* (Matthew 6:6)

## **Day 36 – Wednesday, March 25**

Jehovah God, we thank You for our Dream Team; every ministry worker who faithfully serves each Sunday with excellence, humility, and love. Thank You for their willingness to give their time, energy, gifts, and hearts to create environments where people encounter Your presence and experience Your love. Their service is worship, and we honor You for their obedience and faithfulness.

Lord, strengthen them spiritually, physically, mentally, and emotionally. Refresh their joy and renew their passion so they serve with gladness and expectation, not obligation or fatigue. Protect them from burnout, discouragement, distraction, and division. Cover them with unity, peace, and supernatural grace as they work together as one body.

We pray for safety, wisdom, patience, and excellence in every ministry area: hospitality, ministry of touch, security, children, media, parking, prayer, facilities, nurses, choir, praise team, new b way, huddle, altar, admin, and every team that supports the worship experience. Let every interaction be filled with kindness, excellence, and the Spirit of Christ. Use their service to create welcoming spaces where people feel seen, valued, loved, and drawn closer to You.

Father, help each Dream Team member discover their gifts, grow in leadership, and deepen their relationship with You through their service. Let their obedience produce fruit in their own lives, their families, and the lives they touch each week. Strengthen their faith, sharpen their spiritual discernment, and reward their faithfulness openly and privately.

May their hands remain willing, their hearts remain humble, and their spirits remain joyful. Let their service bring You glory and advance Your Kingdom every time they serve.

### **God's Prayer Promise:**

*"Then you will call, and the Lord will answer."* (Isaiah 58:9)

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## **Day 37 – Thursday, March 26**

Father, we thank You in all circumstances. Let gratitude reshape our mindset and strengthen our faith.

Help us recognize daily blessings and unseen miracles.

### **God's Prayer Promise:**

*"He hears the prayer of the righteous."* (Proverbs 15:29)

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## **Day 38 – Friday, March 27**

Heavenly Father, we thank You for the vision You have entrusted to New Beginnings Fellowship Church and for each location of our church: New B East, New B West, New B Mobile, and New B Tampa. We boldly declare that we are one church in four locations, united in spirit, vision, mission, and love.

We thank You for our Senior Pastor, Pastor James Anthony Jackson, Sr., whom You have called to lead and shepherd this ministry across all locations. Cover him with wisdom, strength, clarity, and spiritual authority as he leads this growing church. Protect his health, renew his joy, and multiply his influence for Your glory.

We also lift up the pastoral staff and leadership teams who serve faithfully at each location. Grant them unity of heart, servant leadership, spiritual discernment, and grace to shepherd Your people well. Let every pastor, leader, and volunteer operate in alignment with the vision and under Your divine covering.

As we continue in this Year of Discovery, reveal Your purpose clearly for each location. Give each campus spiritual identity, strategic clarity, healthy leadership, and Kingdom fruitfulness, while keeping us connected as one body.

Release Your anointing across every ministry, every system, and every assignment. Strengthen unity, multiply disciples, protect harmony, and expand Kingdom impact. Let every location remain rooted in Your Word, anchored in prayer, and fueled by compassion and excellence.

We pray for divine favor in our communities, strong partnerships, financial provision, operational excellence, and supernatural growth. Let New B East continue to thrive as a place of discipleship and leadership development. Let New B West flourish as a beacon of hope and neighborhood transformation. Let New B Mobile expand with innovation and accessibility. Let New B Tampa be firmly established with momentum, stability, and spiritual impact.

Remove every obstacle, delay, distraction, and limitation. Open doors no one can shut. Send the right people, the right resources, and the right opportunities at the right time. Let our reach be wide, our roots be deep, and our fruit be lasting.

May every location reflect Your glory, Your love, and Your power. Help us move together as one. Let our unified witness draw people to Jesus and advance Your Kingdom locally and globally.

### **God's Prayer Promise:**

*"I will build My church."* (Matthew 16:18)

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## **Day 39 – Saturday, March 28**

Heavenly Father, strengthen the prayer life of every member of New Beginnings Fellowship Church. Draw us deeper into intimate communion with You and teach us to hear Your voice clearly and obey You faithfully. Let prayer become our first response, our greatest weapon, and our deepest source of wisdom and strength.

Prepare us for new assignments, new territory, and an expanded harvest. Stretch our faith beyond comfort and familiarity. Ignite bold faith, consistent intercession, and spiritual authority within this house. Raise up prayer warriors, intercessors, and faithful watchmen who will stand in the gap for families, communities, leaders, and generations.

Lord, remove distractions, weariness, fear, and inconsistency that hinder our prayer lives. Replace them with hunger, discipline, expectancy, and spiritual sensitivity. Teach us to pray according to Your will, in alignment with Your Word and led by Your Spirit.

As we continue in this season of discovery, let prayer unlock revelation, clarity, strategy, and divine momentum. May we move forward with confidence, unity, and obedience as You expand our influence and impact for Your Kingdom.

### **God's Prayer Promise:**

*"They were all filled with the Holy Spirit and spoke the Word boldly." (Acts 4:31)*

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## **Day 40 – Sunday, March 29**

Father God, we stand before You with grateful hearts and great expectation. Thank You for meeting us throughout this sacred season of prayer and fasting. Thank You for every revelation You have released, every burden You have lifted, every heart You have healed, every mindset You have renewed, and every direction You have clarified. We are not the same people we were when we began this journey. For this oh God, we give You glory.

During this fast You have opened our eyes to see more clearly, hear more accurately, trust more deeply, and obey more boldly. You have awakened fresh hunger for Your presence, renewed our love for Your Word, strengthened our faith, and aligned our hearts with Your will. As we continue in this Year of Discovery, we thank you by faith for what you are about to do. In Jesus name we pray.

AMEN

### **God's Prayer Promise:**

*"All the promises of God are Yes in Christ." (2 Corinthians 1:20)*

